



Online ITF Patterns Challenge - General Information and Guidelines

The Venue

Official ITF Cyber Arena – The Virtual Palace of Taekwon-do



General Tournament Information

This online Challenge is a social contribution made by the ITF HQ and supported by iSCORE to encourage ITF members during this hard time. At this stage, the participants are competing internally within their NGBs on the National level. The winners might be invited by the ITF HQ to participate in an international event after all the national competitions are over at the ITF President discretion.

This **General Information and Guidelines** will assist NGBs to issue the Info Pack and release an official announcement in their country.

Under the circumstances, ITF HQ allow certain flexibility to NGBs in regard to the ITF Tournament Rules:

- Athletes from 11 years of age and up are allowed to compete online.
- NGBs may choose between a one pattern or two patterns formulas for the competitions at their discretion;
- The Gup range and the designated pattern per each category is a prerogative of each particular NGB and its Umpire Committee;



- NGBs may include veterans in the Info Pack at their discretion;
- ITF HQ do not require any Master List to be submitted.
- Joint events are allowed to be organised together with the neighbouring countries.

The divisions are being matched together to compete in a conventional way as per ITF Tournament Rules. Genders are segregated for male/female. The categories are as follows:

11-13 years Child Male 2-1 Gup

11-13 years Child Female 2-1 Gup

11-13 years Child Male 4-3 Gup

11-13 years Child Female 4-3 Gup

11-13 years Child Male I Dan

11-13 years Child Female I Dan

14 – 17 years Junior Male, 4–1 gup

14 – 17 years Junior Female, 4–1 gup

14 – 17 years Junior Male, I Dan

14 – 17 years Junior Female, I Dan

14 – 17 years Junior Male, II Dan

14 – 17 years Junior Female, II Dan

14 – 17 years Junior Male, III Dan

14 – 17 years Junior Female, III Dan

18 – 39 years Adult Male, 4–1 gup

18 – 39 years Adult Female, 4–1 gup

18 – 39 years Adult Male, I Dan

18 – 39 years Adult Female, I Dan



18 – 39 years Adult Male, II Dan

18 – 39 years Adult Female, II Dan

18 – 39 years Adult Male, III Dan

18 – 39 years Adult Female, III Dan

18 – 39 years Adult Male, IV Dan

18 – 39 years Adult Female, IV Dan

ITF HQ allows A Class International Umpires only and requires proper attire during the competitions. Online umpire training is provided prior to the competitions. The competitions are serviced by the local umpires. If needed, ITF HQ can also provide international umpires who have experience in servicing the online competitions and volunteer to do the job.

Participants register for the competitions themselves online and submit (upload) two videos with the patterns they perform anywhere they are located (home, yard etc.).

One pattern is designated by the Umpire Committee and one pattern is optional (please, check with the Info Pack, released by your NGB).

After the registration deadline, the blind draws are made and published on the tournament webpage.

On the day of the Competitions (please, check the Info Pack, released by your NGB), at a fixed time the 5 Umpires login to a specially designed online tournament platform at the ITF Cyber Arena. Umpires watch the videos of athletes competing in pairs and score points in a conventional way with the online scoring devices located on their computer screen.



To register for the Online Tournament, please, follow the instructions:

1. Visit the ITF Online Platform at <https://online.taekwondo-itf.com/en> and select your country under the "Running Tournaments"
2. Click "Create new account" and fill out the registration form
3. Confirm that you are not a robot (by reCAPTCHA) and click "Create new account"
4. Select your category - click on "Sign Up"
5. Upload your video (max. 2 videos), by clicking "Upload your video". Click "Choose File" and click "Upload". After the video is uploaded, click "Save".
6. If you selected a wrong category by mistake, press "Leave" and select a proper category again.

Video production requirements

1. The camera should be positioned and fixed straight in front of the athlete in the starting position.
2. The camera should be placed at a height of 110-130 cm from the ground and sideways (16:9) if a mobile phone is used (approximately at the height of the eyes of a referee who is sitting in a chair).
3. The distance of the camera from the athlete should allow the athlete to remain within the frame during the pattern execution.
4. No zoom is allowed on the athlete's movements.
5. Stable plan when performing each technique.
6. If during the execution of a technique the athlete goes out of the frame, the camera can be rotated and follow the athlete, but it cannot zoom in or move from the original point.
7. The athlete should try to choose a space which allows to perform the technique without interruption and obstacles.
8. The athlete must wear an ITF-Approved, official Sasung Dobok
9. The athlete must be barefoot.
10. The video should have sound (the athlete's exhalations must be clear).
11. The video must be uniform and may not be a compilation of any kind. Otherwise, the athlete will be disqualified.
12. Any interference or enhancements of the video are prohibited.



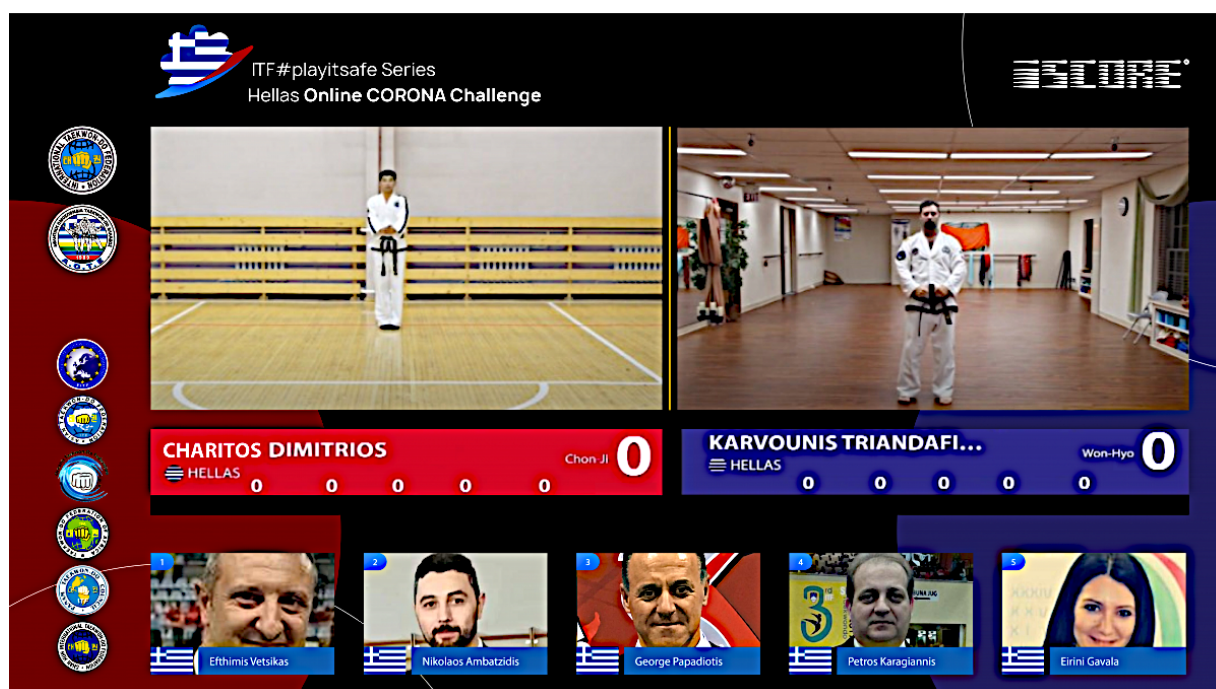
Patterns presentation

The match begins with a designated pattern.

1. Video starts at Cha-ryeot
2. The athlete greets Taekwon
3. Athlete takes the Joon-bi position for the pattern to be performed
4. Pattern execution starts
5. After the pattern is completed and after shouting the name of the pattern, the athlete returns to the Joon-bi position and waits 2-3 seconds in the Joon-bi position.
6. End of the video.

Broadcast

The National competitions will be broadcasted online via the official NGBs websites and the Official ITF Online Platform. To join the Official ITF Online Platform, visit ITF Website <https://www.itf-tkd.org> and press the banner. The ITF Online Challenge Grand Prix will be broadcasted via the ITF Online Arena at the ITF Online Platform.



To join the ITF Online Challenge, NGBs' official representatives are invited to contact the ITF Online Challenge Organizing Committee at hq@taekwondo-itf.com with a free form application and attach their NGB official logo. ITF HQ request NGB's official logo to be displayed at the ITF Cyber Arena next to the National flag of each country, participating in the Challenge. Some countries have several



NGBs and it makes it clear for the others which NGB promotes a particular event.

Prior to any competition announcements, NGBs are required to coordinate the tournament **broadcast date**, a date to start registration and the deadline for participants to register and upload their videos.

All the details on the Tournament are available online at the ITF Online Platform at: <https://online.taekwondo-itf.com> or through the banner on the ITF Website Homepage at <https://www.itf-tkd.org>